

## NON-FOOD CELEBRATION IDEAS



### **PRIZES**

Pencils or erasers  
Stickers  
Books  
Tickets or tokens toward for a larger prize  
Rulers  
Slap bracelets  
Playdough  
Frisbees  
Coloring books



### **PHYSICAL ACTIVITY**

Lead a special physical activity break  
Host a special event such as a dance or kite-flying party  
Provide extra recess or PE time  
Turn on the music and let students dance for a few minutes  
Have a themed parade around your school



### **SPECIAL EVENTS**

Let students choose a special activity or be a teacher's helper  
Allow students to select a special book or invite a guest to read aloud  
Go on a scavenger hunt  
Host a special dress day where students can wear hats or pajamas



### **RECOGNITION**

Give a certificate or ribbon  
Post a sign in the classroom or on a prominent bulletin board  
Give a shout-out in the morning announcements  
Allow child to wear a crown or special sash  
Recognize the student during an assembly

## HEALTHY SNACK & BEVERAGES IDEAS\*



### **BEVERAGES**

Water  
100% fruit juice with no added sugar  
Fat-free or low-fat milk  
Fruit smoothies made with frozen fruit with no added sugar and fat-free or low fat yogurt  
100% fruit juice slushes with no added sugar  
Fruit-infused water



### **FRUITS & VEGGIES**

Fruit trays, salads or kabobs  
Vegetable trays, salads or kabobs  
Canned fruit or fruit cups in water or 100% fruit juice  
Frozen fruit or fruit cups in water or 100% fruit juice  
Dried fruit with no added sugar



### **WHOLE GRAINS**

Whole grain crackers, pretzels or cereal bars  
Small whole grain bagels, waffles or pancakes topped with fruit or seed butter  
Low-fat or air-popped popcorn with no added butter or salt  
Graham crackers  
Baked whole grain tortilla chips with salsa or bean dip



### **PROTEINS**

Fat-free or low-fat yogurt served alone or as a fruit or vegetable dip  
Seed butter served with fruit or whole grain crackers  
Trail mix made with dried fruit and whole grain cereal  
Low-fat cheese served with fruit or whole grain crackers  
Hummus served with vegetables or whole grain crackers

\* Work with your district's nutrition services staff to purchase Smart Snack compliant foods and beverages for celebrations. Use **Healthier Generation's Smart Snacks Product Calculator** to ensure items meet the USDA Smart Snacks in School nutrition standards. Ensure food allergies of any participants are known before serving any food item. Many schools are nut-free. Please check with your school.

