



General Course Information

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| Course Name: Introduction to Family and Consumer Sciences | |
| Department: FACS | Grade Level(s): 6-8 |
| Duration/Credits: | Prerequisites |
| BOE Approval Date: | Course Code |
| Course Description: | |
| <p>This course promotes knowledge of child development, consumer skills, foods and nutrition, and the production of clothing and textiles through hands-on projects and real world applications. Students will complete a beginning level sewing project, develop food safety and nutrition skills, as well familiarity with basic child development.</p> | |
| Course Rationale: | |
| <p>Introduction to Family and Consumer Sciences is a semester course designed for the middle school 6-8th grade student. The course provides the opportunity to explore real-world applications of Family and Consumer Sciences. The program develops transferable skills for home, workplace, community and global society.</p> | |
| Course Objectives: | |
| <ol style="list-style-type: none"> 1. The student will describe the various aspects of developmental growth in children. 2. The student will describe the roles and responsibilities when caring for children, especially safety issues. 3. The student will examine and apply recommended guidelines for food safety, sanitation, and nutrition. 4. The student will develop and practice basic food preparation methods. 5. The student will investigate appropriate clothing care and repair. 6. The student will practice basic sewing techniques and use basic sewing equipment safely. 7. The student will explore career opportunities related to Family and Consumer Science. | |