

## **General Course Information**

Course Name: Advanced Family and Consumer Sciences	
Department: FACS	Grade Level(s): 6-8
Duration/Credits:	Prerequisites: Introduction to FACS or teacher approval
BOE Approval Date:	Course Code:
Course Description:	

This course builds on the skills and knowledge developed in the Introduction to FACS class. Students develop Family and Consumer Science knowledge through the application of intermediate level sewing projects and food labs. In addition to these practical living skills, the investigation family dynamics and parenting roles will help prepare students for future personal and professional experiences.

## **Course Rationale:**

Advanced Family and Consumer Sciences is a semester course which provides the opportunity to explore real-world applications of Family and Consumer Sciences. The program develops transferable skills for home, workplace, community and global society. Through the contents of this course, students learn how to develop healthy relationships, acquire attitudes about learning and work, build communication and reasoning skills, and form patterns of responsible citizenship.

## **Course Objectives:**

- The student will demonstrate meal planning principles and techniques based on standardized recipes to meet individual needs
- 2. The student will demonstrate intermediate level food preparation methods and techniques for a variety of food categories
- 3. The student will develop food safety and sanitation practices
- 4. The student will examine and analyze how various elements, including family diversity, economics, birth order, education level, etc. influence family structure and dynamics.
- 5. The student will identify the risks associated with adolescent parenthood
- 6. The student will examine factors influencing family decisions
- 7. The student will demonstrate basic skills of production, alteration, repair, and recycling of textiles, fashion, and apparel