

General Course Information

Course Name: Introduction to Family and Consumer Sciences	
Department: FACS	Grade Level(s): 6-8
Duration/Credits:	Prerequisites
BOE Approval Date:	Course Code

Course Description:

This course promotes knowledge of child development, consumer skills, foods and nutrition, and the production of clothing and textiles through hands-on projects and real world applications. Students will complete a beginning level sewing project, develop food safety and nutrition skills, as well familiarity with basic child development.

Course Rationale:

Introduction to Family and Consumer Sciences is a semester course designed for the middle school 6-8th grade student. The course provides the opportunity to explore real-world applications of Family and Consumer Sciences. The program develops transferable skills for home, workplace, community and global society.

Course Objectives:

- 1. The student will describe the various aspects of developmental growth in children.
- 2. The student will describe the roles and responsibilities when caring for children, especially safety issues.
- 3. The student will examine and apply recommended guidelines for food safety, sanitation, and nutrition.
- 4. The student will develop and practice basic food preparation methods.
- 5. The student will investigate appropriate clothing care and repair.
- 6. The student will practice basic sewing techniques and use basic sewing equipment safely.
- 7. The student will explore career opportunities related to Family and Consumer Science.