Mehlville School District Advanced Professional Studies/CAPS Grades 11 - 12, Duration 1 Year, 1 Credit

### Rationale

The active and productive student becomes a productive citizen by developing leadership qualities and being provided leadership opportunities. The student given the opportunity to learn to implement these skills becomes a lifelong leader.

#### **Course Description**

This course provides an opportunity to study, practice, and develop group and individual leadership and organizational skills. These skills include, but are not limited to, the following topics or areas: leadership roles, interpersonal relations, project planning, goal setting, civic responsibility, decision making, problem solving, meeting skills, and communication.

### **Prerequisites**

Prerequisite: Application process to leadership course recommended GPA of 3.0 or higher, limited to 30 students

Open to: 11, 12

Credit: 1 Unit - Two Semesters (Social Studies elective)

# Course Enduring Understandings / Essential Outcomes

- Character and leadership development involve skills and special knowledge
- · Leaders utilize critical thinking and problem solving skills
- · Leaders work towards short and long-term positive goals
- Developing strong values and high standards takes time and reflection
- Leaders must be able to make decisions and understand the consequences of those decisions

# **Course Objectives**

- 1. The student will demonstrate understanding of the basic concepts of leadership, its roles, responsibility, hazards, and its relationship to the total school. (SS3; 1.10) (SS6; 3.6)
- 2. The student will demonstrate techniques and methods for planning school and community (cooperation, outreach, school spirit, social and recognition) events. (SS7; 1.1, 1.2, 1.4)
- 3. The student will select a book or periodical article on leadership and report their findings to the class. (SS6; 2.1, 4.1, 4.3) (A+: Reading)
- 4. The student will apply the knowledge of parliamentary procedure by verbally facilitating meetings for projects. (SS3; 1.10, 2.3, 3.4, 4.6) (A+: Speaking)
- 5. The student will demonstrate knowledge of and skill in the use of group dynamic techniques. (SS6; 2.6, 3.2, 3.4, 3.6)
- 6. The student will set goals for personal development and wellness and develop a plan for achieving goals. (SS6; 1.10, 2.5, 3.2, 3.8, 4.4, 4.6)
- 7. The student will demonstrate advanced knowledge in communication skills and techniques through ten hours of community service. (SS6; 2.6, 2.7)
- 8. The student will research a variety of leadership styles and problem solving techniques. (SS6; 1.2, 1.5, 1.6, 1.7) (A+: Research)
- 9. The student will demonstrate knowledge and skill in team-building. (SS6; 4.5, 4.6, 4.7)
- 10. The student will write a paper to demonstrate understanding of organizational theory, motivational strategies, coping with stress and changes, and conflict resolution techniques. (SS6; 2.1, 2.7, 3.6, 3.7, 4.1, 4.5) (A+: Writing)

BOE 11-19-09